

Course Name	Qualification Level	Study Time/mode	Description: Who is the course for, what will I study
Mental Health First Aid Awareness	N/A	Online / F2F/ Employers Workplace 3 Hours	This course is suitable for all employees and has been designed to promote a positive mental health culture within the workplace. It provides learners with the knowledge to recognise a mental health condition and the skills to start a conversation and to signpost a person towards professional help. Learners will receive a college certificate. Max of 12 per course.
Mental Health First Aid 1 Day	NUCO Certificate - Level 5	Online / F2F/ Employers Workplace 6 Hours	This course is suitable for all employees and has been designed to help employers provide a positive mental health culture within the workplace and to provide learners with knowledge of a range of the most common mental health conditions and the skills to be able to react. A multiple-choice paper and practical assessment are mandatory. On achievement learners will receive a NUCO credited certificate. Max of 8 per course.
Mental Health First Aid 2 Days	NUCO Certificate - Level 6	Online / F2F/ Employers Workplace 12 Hours	This course is suitable for all employees within the workplace and is aimed at those who hold supervisory/managerial level positions and who have responsibility for First Aid for Mental Health with an organisation. A wide range of conditions are covered. Written and practical assessments are mandatory. On achievement participants will receive a NUCO credited certificate. Max of 8 per course.
Palliative Care Awareness	N/A	Online / F2F/ Employers Workplace 3 hours	This course is suitable for all employees working in a care environment. The course will define and discuss palliative care, how to deliver palliative care and the importance of carers looking after their own health. Max of 12 per course.
Dementia Awareness	N/A	F2F / Employer Workplace 3 hours	This course is suitable for all employees working in a care environment. The course will define types of dementia, the signs of dementia and how to care for a service user who has dementia. Max 12 per course.



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Emergency First Aid in the Workplace	SCQF Level 6	F2F/ Employers Workplace 6 hours	This course is suitable for all employees. The course will outline the roles and responsibilities of a First Aider, how to assess a situation and provide first aid in emergency situations. The course is assessed using ongoing practical assessments. On achievement learners will receive an SQA credited certificate.
Menopause Awareness	N/A	Online / F2F/ Employers Workplace 3 hours	This Menopause Awareness Training course has been designed for the use of all employees across any industry sector to gain a better understanding of menopause, what adjustments can be made to support menopausal employees, and how they can offer support.
Practitioner Resilience	N/A	Online / F2F/ Employers Workplace 3 hours	This training is designed for practitioners (including health professionals, counsellors, coaches, therapists, teachers and HR specialists) who wish to familiarise themselves with evidence-based resilience tools they can use themselves and pass onto those they work with. It is also a good fit for anyone wanting to strengthen resilience skills in their own life.
Award in Forest Kindergarten	SCQF 7	12 hours	This course is suitable for all employees working in a childcare environment who wish to develop their skills and knowledge of outdoor play and support the delivery of Forest Kindergarten. The course consist of theory and practical sessions defining Forest Kindergarten, the benefits to children, risk assessment and practical activities. Learners will require to undertake an assessment and to carry out an observation of children participating in Forrest Kindergarten within their workplace. On achievement learners will receive a SQA credited certificate.
Play and Creativity	N/A	6 hours	This course is suitable for all employees working in a childcare environment. The course is designed to explore Play Strategy Scotland, theories of play and play pedagogy. Delivery will include how to plan, implement and evaluate play in a quality learning environment.
ACEs (Adverse Childhood Experiences) and how children can be affected	N/A	6 hours	This course is suitable for all employees working in a childcare environment and is designed to explore and discuss how ACEs can affect children.

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Leadership and Management in a Nursery	N/A	6 hours	This course is suitable for all Early Years Practitioners who are considering a leadership role. The course will include policy, models of leadership, qualities and capabilities along with multi-agency working and collaboration.
Face Painting	N/A	3 hours	This course is suitable for employees working in a childcare environment. The course is designed to develop the skill of face painting and will include practical demonstrations and applications.
Arts & Crafts	N/A	2 hours	This course is suitable for all employees working in a childcare/care environment and will introduce and demonstrate learners to arts & craft activities which are age and stage appropriate.
Science for Children	N/A	3 hours	This course is suitable for all employees working in a childcare environment and will introduce and demonstrate learners to science activities which are age and stage appropriate.
Child Protection Training	N/A	12 hours Time and attendance can be agreed with employer to suit their needs	Increase your confidence in identifying and responding to possible signs of child abuse and neglect with this introductory training course.
Autistic Spectrum Disorder	N/A	6 hours Time and attendance can be agreed with employer to suit their needs	The module will enable learners to recognise the strengths and challenges experienced by many autistic people and how to respond to create enabling environments.
Introduction to Neurodiversity	N/A	3 hours	Suitable for all professionals and individuals working with people who are neurodiverse in general workplaces including (but not limited to) schools, healthcare, the police and education. Particular focus on autism spectrum disorders and attention deficit hyperactivity disorder (ADHD)
Introduction to Autism	N/A	3 hours	An introduction to what is autism? Is autism a disability? How does autism affect people?
Introduction to ADHD	N/A	3 hours	An introduction to what is ADHD? Who has ADHD? What are the symptoms of ADHD?

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British Sign Language	Introduction to BSL	Class based - 10 weeks x 2 hours per week	Learners will develop a basic proficiency in BSL, which will enable them to understand and respond to communication about everyday matters.
British Sign Language	Level 1	Class based - 15 weeks x 2 hours per week (or delivered to company needs)	Learners will develop an increased level of BSL vocabulary and understanding of BSL and best practices to employ. Completion of the Introduction to BSL is required for this level.
Deaf Awareness	N/A	3.5 hours (1/2 day)	Designed for those with no prior knowledge or understanding of deaf awareness.
Hairdressing Upskilling	College Certificate or SQA Unit	These courses will be designed to meet the needs of individual salons and employers. We will plan a bespoke delivery to upskill and train hairdressing staff at all levels from apprentices to senior stylists.	
Barbering for Hairdressers	College Certificate or SQA Unit		These courses will be designed to meet the needs of individual salons and employers. We will plan a bespoke delivery to upskill and train hairdressing staff at all levels from apprentices to senior stylists.
Barbering Upskilling	College Certificate or SQA Unit		
Make-up Skills	College Certificate or SQA Unit		
PDA Barbering	SQA Qualification		
Upskilling in Beauty Therapy Courses These courses will teach learners key areas of: * Lash Lifting * Facial & Product Knowledge * Individual Eyelash Extensions * Brow Laminations * Massage Skills * Intro to Gel Nails * Intro to Gel Nails * Intro to Gel Nails * Intro to Acrylic Nails * Gel Polish * Intro to Waxing * Threading * Eye treatments/tinting lash & brow * Basic Skin Care	N/A	6 hours per day. Available Day, Twilight or Evening Class Bespoke courses designed to the specific requirements of the salon owner and their employees	These courses are suitable for all Beauty Therapists who wish to up-skill their current qualifications. Each course will consist of theory input, practical demonstrations and practical applications on a model, all resources will be provided. Ongoing practical assessments will demonstrate learner's competency.

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Health & Wellbeing	N/A	3 hours	This course is suitable for all employees and has been designed to equip learners with the skills and knowledge to promote their own health and wellbeing. The course will include an introduction to benefits of good nutrition and exercise.
AAT Level 2 Certificate in Accounting	Level 2	Day/Twilight/Evening. Should be completed in between 6 and 12 months depending on study method.	This qualification delivers a solid foundation in finance administration and core accounting skills, including double-entry bookkeeping, basic costing and an understadning of purchase, sales and gerneral ledgers. Students will also learn about accountancy related busienss and personal skills and be introduced to the four key themes embedded in this qualification: ethics; technology; communications and sustainability. There are four units that make up this qualification: Introduction to Bookkeeping; Principles of Bookkeeping controls; Principles of Costing and The Business Environment
AAT Level 3 Diploma in Accounting	Level 3	Day/Twilight/Evening. Should be completed in between 6 and 12 months depending on study method.	This qualification covers a range of essential and higher-level accounting techniques and disciplines. Students will learn and develop skills needed for a range of financial processes, including maintaining cost accounting records, advanced bookkeeping and the preparation of financial reports and returns. The units thare are coverd on this course are: Business Awareness; Financial Accounting: Preparing Financial Statements; Management Accounting Techniques and Tax Processes for Businesses
AAT Level 4 Diploma in Professional Accounting	Level 4	Day/Twilight/Evening. Should be completed in 12 to 18 months	This qualification covers complex accounting and finance topics and tasks leading to students becoming confident with a range of financial management skills and applications. Students will gain competencies in drafting financial statements for limited companies, recommending accounting systems strategies and constructing and presenting complex management accounting reports. The units that are covered on this course are: Applied Management Accounting; Drafting and Interpreting Financial Statments; Internal Accounting Systems and Controls; Business Tax; Personal Tax; Cash and Financial Management and Assurance; Credit and Debt Management



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AAT Level 1 Award in Bookkeeping	Level 1	PT/Day/Twilight/Evening. Should be completed in 2 - 3 months depending on study method.	This level 1 qualification introduces the role of a bookkeeper and the underpinning knowledge to identify and carry out simple different bookeekping activities, such as income and expenditure, profit and loss, and assests and liabilities. It also offers an introductin into the role, and the benefits and risks associated with bookkeeping software. There is no need for any prior accounting or bookkeeping knowledge. It provides a solid grounding for students before moving on to the Level 2 qualifications. The unit covers on this course is: Bookkeeping fundamentals.
AAT level 2 Certificate in Bookkeeping	Level 2	PT/Day/Twilight/Evening. Should be completed in 3 months depending on study method.	Students studying this qualification will develop practical accountancy skills in the double-entry bookkeeping system and in using associated documents and processes. They will cover transactions for accuracy, make entries in appropriate books and ledgers and calcualte sales invoices and credit notes. The untis covered on this course are: Introduction to Bookkeeping and Principles of Bookkeeping Controls
AAT Level 3 Certificate in Bookkeeping	Level 3	PT/ Day/Twilight/Evening. Should be completed in 6 - 12 months	This qualification will develop complex skills and knowledge necessary to work in a bookkeeping role or to progress to higher level accountancy roles or study. Students completing this qualification will become competent in financial processes inclduing accounting principles and concepts, advanced bookkeeping and preparing financial statments. They will also be introduced to business issues regarding payroll and value added tax (VAT). The units coverd on this course are: Financial Accounting: Preparing Financial Statements and Tax Processes for Businesses.
AAT Level 1 Award in Business Skills (for Accountants)	Level 1	PT/ Day/Twilight/Evening. Should be completed in 2 - 3 months depending on sttudy method.	This level 1 qualification covers a range of skills and relevant supporting knowledge to help prepare students for applying numbers in business and working in a business environment. Students will be equipped with the basic numerical skills needed in the workplace, such as decimals, percentages and fractions, and applying proportions and ratios. The untis covered on this course are: Working in the buisness environment; Using numbers in business.
AAT Essentials Training: Budgeting	Introductory	Day/Twilight/Evening 1 Day or 2 Evenings/twilight sessions	This course will help you prerpare budgets, learn how to make informed budgeting decisions and effectively communicate financial information to key stakeholders. It's ideal for managers who have, or will have, budgetary responsibilities.



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AAt Essentials: Capital Expenditure	Introductory	Day/Twilight/Evening 1 Day or 2 Evenings/twilight sessions	This course teaches the tools used to support strategic decision making, such as how to calculate relevant capital costs and lifetime returns and how to present and compare diverse projects that have different costs and lifespans. It is sustable for business owneres and managers who need to ensure that capital expenditure is effectively managed and for middle managers wanting to bid for funds.
AAT Essentials: Finance for non-finance managers	Introductory	Day/Twilight/Evening 1 Day or 2 Evenings/twilight sessions	This course provdies a basic grounding in key financial areas, as well as analysing financial performance to help managers meet these requirement more effectively. It is suitable for managers who have financial responsibilities and need to understand the content of financial statements and reports used in business, and learn to interpret this information and use it to manage day-to-day business activity.
AAT Essentials: Financial accounting	Introductory	Day/Twilight/Evening 1 Day or 2 Evenings/twilight sessions	This course reviews double-entry principles before focusing on common in-period bookkeeping transactions that are entered into the accounting systems via journals. It looks at errors that can occur and how to correct them to produce initial financial statements. It is suitale for those who work in the finance department who need a grounding on routine in-period transactions.
AAT Essentials: Fundamentals of financial accounting	Introductory	Day/Twilight/Evening 1 half day or 1 evening/twilight session	This course introduces delegates to double-entry bookkeeping principles and focuses on accurately categorising transactions into accounts. It also explains how to account for VAT and the difference between accruals and cash accounting.
AAT Essentials: Managing Cash: keeping your business healthy	Introductory	Day/Twilight/Evening 1 Day or 2 evenings/twilight sessions	This course will improve business professionals' effectiveness at managing the inflow and outflow of cash through exercises using worked examples. The availability of cash enables a business to survive and propser and is the primary indicator of business health. Delegates will learn how to record receipts and payments, and correctly reconcile bank statements and the cash receipts book, helping protect the financial security of the business.



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AAT Essentials: Understanding accounting systems and controls	Introductory	Day/Twilight/Evening 1 Day or 2 evenings/twilight sessions	This course shows delegates how to implement controls within the accounting system that can be used to protect the organisation from theft and errors before they take place. All organisations are at risk of fraud and this programme aims to assist business owneres and managers who need to protect their organisation's assets. It's suitable for business owners or finance managers who need to identify and protect against potential fraud, as well as for those who need a good understanding of finance systems to ensure efficiency and help them train their staff effectively.
AAT Essentials: Understanding and processing financial documents	Introductory	Day/Twilight/Evening 1 half day or 1 evening/twilight session	This course helps business professionals keep records and understand the purpose of documents from purchase orders through to bank reconciliation statements. It is suitable for those who don't have any, or limited understanding or experience of bookkeeping and are in a role that involves first contact with financial documents, such as purchase orders.
AAT Essentials: Understanding profitability	Introductory	Day/Twilight/Evening 1 half day or 1 evening/twilight session	This course is aimed at business owners and managers who need to ensure that their goods and services are sold at the right prices. It unpicks the selling prices of a product or service ensuring that all costs are covered, and pricing strategies are appropriate.
Professional Development Award (PDA) in Book- Keeping	SCQF Level 7	Day/Twilight/Evening 1x3 hr session over 36 weeks	The award consists of 3 mandatory units with 24 SCQF credit points. The units covered are: Recording Financial Information; Using Financial Accounting Software (Sage Accounting) and Payroll (Sage Payroll). The PDA in Book-Keeping forms one of a suite of PDAs in Accounting and Finance which consists of untis taken from the HNC in Accounting. The award can be taken as a qualification in its own right or used with other PDAs to build achievement towards the full HNC.
Professional Development Award (PDA) in Financial Accounting	SCQF Level 7	Day/Twilight/Evening 2x3 hr session over 24 weeks	The award consists of 3 mandatory units with 32 SCQF credit points. The units covered are: Recording Financial Information; Using Financial Accounting Software and Preparing Financial Statements. The PDA in Financial Accounting forms one of a suite of PDAs in Accounting and Finance which consists of untis taken from the HNC in Accounting. The award can be taken as a qualification in its own right or used with other PDAs to build achievement towards the full HNC



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Professional Development Award (PDA) in Management Accounting	SCQF Level 7	Day/Twilight/Evening 2x3 hr session over 24 weeks	The award consists of 2 mandatory units with 32 SCQF credit points. The units covered are: Cost Accounting and Management Accounting using Informatin Technology. The PDA in Management Accounting forms one of a suite of PDAs in Accounting and Finance which consists of untis taken from the HNC in Accounting. The award can be taken as a qualification in its own right or used with other PDAs to build achievement towards the full HNC.
Certifiate in Criminal Law and Procedure	SCQF Level 7	Day/Twilight/Evening 2x3 hr session over 24 weeks	The Certificate in Criminal Law and Procedure offers you the chance to learn the workings of the criminal law system in Scotland. You will work on two distinct areas, Criminal Procedure and Criminal Law, and contemporary issues surrounding them, allowing a unique opportunity to gain valuable knowledge of how criminal law operates within Scotland, by looking at real- life cases and applying these to case study situations. The course is suitable for anyone who has a general interest in law but could also prove invaluable for anyone wishing to pursue a career in criminal justice.
Studies in Paralegal Pratice: An Introduction	SCQF 7/8	Day/Twilight/Evening 3x3hr sessions over 36 weeks	This course is ideal for anyone wishing to enter a career as a Paralegal or futher their studies in Paralegal/Law.
Adobe Photoshop	N/A	6 hrs: Class based Time and mode of attendance can be agreed with employer to suit their needs	A beginner's course using Adobe Photoshop for personal and/or commercial purposes ie Light Room, Premier Pro and Photography. You will learn how to retouch and repair images, resize and crop images, make selections, work with layers, transform images & make basic tonal and colour corrections.
Introduction to Microsoft Excel	SCQF 7	36 hrs: Blended learning,a mix of tutor led classroom based teaching with directed learning. Dates and times to be agreed to suit employer needs.	This is an accredited SQA unit at SCQF level 7 designed for learners who currently use spreadsheets in their work role. This course is designed to provide an understanding of spreadsheet design and how to use spreadsheet features and create functions and formula for practical and effective use in a business. environment.
Microsoft Excel (Advanced)	SCQF 8	36 hrs: Blended learning,a mix of tutor led classroom based teaching with directed learning. Dates and times to be agreed to suit employer needs.	This is an advanced accredited SQA at SCQF level 8 designed to develop in-depth technical skills to facilitate a high level of competence in use of spreadsheet software to resolve business problems and facilitate business processes

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Use of Microsoft Software (ICDL: International Certificate of Digital Literacy	Completion of all 4 units will result in achievement of the British Computer Society ICDL Extra Certificate	 90 Guided learning hours. The mode of delivery is flexible to meet the needs of the organisation. This can be delivered as classroom based, interative online learning or a combination of both. All assessments are online in college. 	This online course will help you grow in confidence and unlock the full potential of your computer. Achievement of this qualification demonstrates competent and efficient computer skills. * Word processing software * Spreadsheet Software * Presentation Software * Improving Productivity using IT
Microsoft Outlook	College Certificate issued to support CPD	Content, time and attendance can be agreed with employer to suit their needs Approx 3 - 6 hrs dependent on content	Bespoke to meet your needs. Microsoft Outlook is a versatile component of the Microsoft Office 2003 for users to manage personal information and to communicate with others. It helps you in managing your email messages, appointments, contacts, and tasks, as well as making reminders and tracking activities.
Intro to Cyber Security	College Certificate issued to support CPD	Content, time and attendance can be agreed with employer to suit their needs Approx 3 - 6 hrs dependent on content	Bespoke to meet your needs. Learn the essentials of cyber security and build your skills to better protect your digital information from security threats.
Effective Communication	College Certificate issued to support CPD	6 hrs: face-to-face (8-12 learners)	This course is designed to help participants to express themselves more effectively in a formal setting, have more influence with colleagues and develop a more confident approach when developing productive working relationships. Participants will be encouraged to communicate with more confidence and develop positive responses to a wide range of situations.
Domestic Hot Water Storage Systems (Unvented)	BPEC	1 day 8.45pm - 4.30pm	Trainees must hold a recognised trade qualification (e.g. NVQ/SNVQ Level 2 or 3 in Plumbing and Heating or Domestic Heating) OR be working towards one OR have evidence of a number of years' experience in the plumbing or heating industry.
Domestic Hot Water Storage Systems (Unvented) Re-assessment	BPEC	2 day 8.45am - 4.30pm	Re Assessment

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Legionella Risk Assessment and Water Systems Disinfection for Mechanical Services	BPEC	1-2 Days 8.45am - 4.30pm	The disinfection of cold water systems is work that can be carried out by competent plumbing operatives with the aim to ensure operatives have the knowledge and skills to undertake the disinfection process. The training course also covers the actual disinfection process, including a practical examination on a purpose-built test rig by which the tutor can illustrate how disinfection should be carried out. Though the training is primarily aimed at practising plumbing operatives who already have knowledge of hot and cold water systems, it will also be appropriate to water inspectors and others who are involved with the maintenance and management of a water system.
Water Regulations/Byelaws	BPEC	1 Day 8.45am - 4.30pm	The course is for anyone requiring an understanding of water regulations/water byelaws. In particular those wishing to become approved plumbers/contractors.
Awareness of Environmental Technologies	BPEC	2 days 8.45am - 4.30pm	This course is designed to provide a background to renewable energy heating and energy technologies for anyone who may find it of interest, such as householders, housing associations, teachers, local building control officers, housing developers or installers wanting to know more before committing themselves to a full course.
Domestic Electrical Installation Systems	BPEC	4 days 8.45am - 4.30pm	This course provides an excellent foundation for those wishing to work in the electrical industry. The main focus of the course is on domestic installations; however almost all of the content is applicable to non- domestic electrical systems also. Further training will be necessary to become a fully qualified electrician, to work unsupervised in the commercial sector or to sign off your own notifiable work in domestic installations.
BPEC Ground & Air Source Heat Pump Systems	BPEC	4-5 days 8.45am to 4.30pm	This course is designed to provide you with the skills to design, install and commission ground source and air source heat pumps.
Solare Photovoltaic Systems (NOS Mapped)	BPEC	6 days 8.45am to 4.30pm	This course will enable learners to select the most appropriate solar Photovoltaic system for a property to meet the client's needs and to commission and handover the system. It will also provide an understanding of all the legal issues surrounding the installation of these systems and guidance on completion and submitting of all the appropriate notifications.

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Solar Thermal Systems (NOS Mapped)	BPEC	4 days 845am to 4.30pm	This course will enable learners to select the most appropriate solar system for a building based on the client's needs and to install and maintain any of the common systems in the UK safely and efficiently.
Working at Height Access Training	BPEC	l day 8.45am - 4.30pm	Falls from height remain the most common cause of workplace fatality. This training has all the information to equip your workforce with the necessary skills and knowledge to prevent accidents when working at heights.
Electricity for Plumbers	BPEC	4 days 8.45am - 4.30pm	This course aims to help plumbers and heating engineers who work on central heating electrical control systems to work safely and comply with the appropriate standards. It is limited to work that will not involve working on fixed installation of the property.
Safe Isolation of Low Voltage Electrical Installation	BPEC	1 day 8.45 - 4.30pm	This course will enable learners to follow the safe isolation procedure that you should use when working on electrical systems and equipment.
BIIAB Scottish Certificate for Personal Licence Holders	BIIAB	SQCF 6 - 6 Hours of Training + pass the multiply choice test (1 hour)	The Scottish Certificate for Personal Licence Holders is aimed at learners who want to work as a licensee in the Scottish licensed trade.
BIIAB Scottish Certificate for Personal Licence Holders (Refresher)	BIIAB	SQCF 6 - 3 hours of Training + plass the multiply choice test (1 hour)	The Scottish Certificate for Personal Licence Holders (Refresher) is aimed at learners who already hold a licence and need to undergo refresher training and assessment in order to be able to renew their licence.
Food Hygiene: Intermediate SQA Higher National Unit	SQA Qualification	SCQF 7 - delivered over several 6 hour sessions to be agreed with employer	To provide an understanding of the relationship between food hygiene, food poisoning and food spoilage, the socio-economic costs of poor food hygiene, and the role of HACCP and hazard analysis in ensuring food safety



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REHIS Elementary Food Hygiene	REHIS	SCQF 5 - 6 hours with assessment time to be provided separately	Candidates should know and understand. (i) The benefits of high standards of hygiene within the food industry, explaining what is meant by 'Food Safety' (ii) The disadvantages and costs of poor standards of hygiene within the food industry (iii) The role of the employer and employee in maintaining these standards (iv) The terms 'food poisoning', 'food-borne infection', 'food contamination', and food safety hazards. Regististration and Certification of candidates for the Elementary Food Hygiene course incurs a small cost per candidate to be confirmed at time of booking.
Allergen Awareness Training	REHIS	3 Hours + 1 Hour assessment	Eating safely when living with a food allergy is a challenge. The only way to manage the condition is avoidance of the food that causes a reaction. It is important that Food Business Operators (FBOs) provide safe food, Regististration and Certification of candidates for the Allergen Awareness incurs a small cost per candidate to be confirmed at time of booking.
REHIS Barista Skills	SCQF 5	SQA Accredited over 4 weeks (or to suit employer requirements) could also include Allergen Awareness	The aim of this course is to enable candidates to become familiar with the origins and history of coffee, the different types of equipment and how to make a selection of coffees. •Texturing of milk for different speciality coffees •Erom planting to harvest •Tea – it's origins and the proper way to make it. •Common issues with espresso machines and how to prevent them •Blended drinks (smoothies/shakes etc.) •The unit also touches on allergens and the different types of milk alternatives available