

## Publications - Appendix Six

### Annual Report

<https://www.south-lanarkshire-college.ac.uk/news/annual-report-2019/>

*This is*  
**OUR ANNUAL REPORT**  
2019

Our Board of Management would like to share this report with you. In August 2019 we published our 2020-2025 Strategic Framework, after thorough consultation with students, staff, employers and other stakeholders.

This report provides information about how we're delivering our three strategic priorities. Please enjoy reading it.

**WE ARE**  
*printing sustainably*

100% recycled paper  
FSC certified  
Carbon balanced

By using Carbon Balanced Paper for our report we have balanced through local land trust the equivalent of 18kg of carbon dioxide. This will enable World Land Trust to protect 1ha2 of critically threatened tropical forest.



## Student Newsletter

<https://www.south-lanarkshire-college.ac.uk/life-at-slc/student-association/newsletters/>

Student Newsletter May 2020

South Lanarkshire College  
Student Association

**YOUR COLLEGE YOUR WAY**

Student Association Elections 2020/21

We need you to participate in the upcoming Student Association Elections! Nominations for Student President and Vice-President have been received and candidates attended the briefing session on Tuesday 5 May. You'll be able to cast your vote online via Moodle from Monday 11th May.

**11 May - 22 May - Voting**  
Voting will take place online, on Moodle, and all students will have one vote for their President and one vote for their Vice President.

**25 May - Checking & Counting**  
SLC Staff will check and count all votes.

**26 May - Results**

**WE NEED YOU**

I am absolutely delighted to announce that our College has been awarded the **Going Further for Student Careers: Recognition Award**

Alan M. Fyfe  
Principal & CEO

Student Information Scotland

www.studentinformation.gov.scot/ This new website brings together both FE and HE in the one place for the first time. You can get information on the following: finding a teacher, Student Action Plan - Emergency hardship funds, accommodation and mental health; exams and applications; FAZ's based on Covid-19; CHOC guidance; Travel, Cyber Security Awareness and Student Wellbeing.



South Lanarkshire College  
Published by Hopper HQ (7)  
12 May · Edited

Read all about it, read all about it 📰

Our May issue of the South Lanarkshire College Students' Association newsletter is out now..

Click 📰 to get all the goss 🗨️... See more

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# Counselling Service

<https://www.south-lanarkshire-college.ac.uk/life-at-slc/student-services/counselling/>



**WE ARE here to support you**

**STUDENT COUNSELLING SERVICE  
ONLINE & TELEPHONE COUNSELLING**

**Why do people request Counselling?**  
Many people seek counselling as they are experiencing symptoms of distress that are causing difficulties in their study, work, relationships, ability to concentrate or just life in general. Sometimes we cannot express or find a reason for our distress and this often increases our anxiety. We often try other ways of coping with that distress (e.g. alcohol, drugs, risky behaviour) that may be unhelpful and can make our problems worse.

Sometimes we have a clear reason for our distress. It can be a traumatic or significant life event (e.g. bereavement, accident, end of a relationship) or it may be a situation that is difficult to manage in the present. At this time, we are being through a health crisis that has caused major changes to our lives and ourselves. This may have had an impact on your mental health or made existing issues more difficult for you. We are here to support you whatever your needs are to talk about.

We can offer two forms of counselling at this moment - phone or online video counselling. You can choose the option that suits you best. We will briefly outline both forms of counselling in this leaflet but please get in touch if you have any other questions.

➤ [Contact us at student.support@slc.ac.uk](mailto:student.support@slc.ac.uk)

**How can Counselling help?**  
Many people experience an improvement in their psychological wellbeing after talking through their problems with a counsellor. We can offer a private confidential space to work through things at your own pace. We recognise you are the expert in your own life and have control over the session content. We will try to understand your own life experiences and help you move forward. We will listen deeply, without judgement, as you explore the issues that have been troubling you.

**Structure of Sessions**  
You will be allocated up to 6 weekly sessions, with each session being 50 minutes long. You may find that you need fewer sessions, or more, and this decision will be mutually agreed with your counsellor. You will have a dedicated time slot allocated to you for the duration of your therapy. Your counsellor will call you or meet you online at the agreed time each week for your sessions. You will work with the same counsellor throughout your sessions so that you can build up a relationship together.

**Online Counselling**  
Online counselling is available to all students and full instructions on how to access this will be provided in advance of your first session. Online sessions can be helpful for students who want to speak with a counsellor from their own computer, write in separate physical spaces. If you have any questions about online counselling then our Business and Support Team will be happy to provide further information when arranging your appointment.

Every effort is made to provide a safe and secure environment for your online therapy with encryption software and attention to cyber security. We ask that you think about the space you will have your session in. Is it private? Will you be interrupted? Try to make sure you feel safe and secure in the environment you are in for the session.

**Phone Counselling**  
Phone counselling will be offered for clients who prefer this way of working. This may be a good option for those who don't have a private computer space or clients who are limited by the computer technology available to them.

All the arranged time of your appointment your Counsellor will phone your contact number and the session will last for 50 minutes. Once your counselling slot is confirmed the only thing you will need to do is pick up the phone and speak to the Counsellor at the same time every week.

**How can I sign up for Counselling?**  
If you would like more information on the Student Counselling Service or would like to arrange an appointment with the Student Counsellor, you can email [Student.Support@slc.ac.uk](mailto:Student.Support@slc.ac.uk).

We would like to support you if you are going through a challenging time or have issues that would be helpful to talk about so please do get in touch.



**WE ARE here to support you**

**ONLINE & TELEPHONE COUNSELLING**

Our online and telephone student counselling service is free and accessible to all our students.

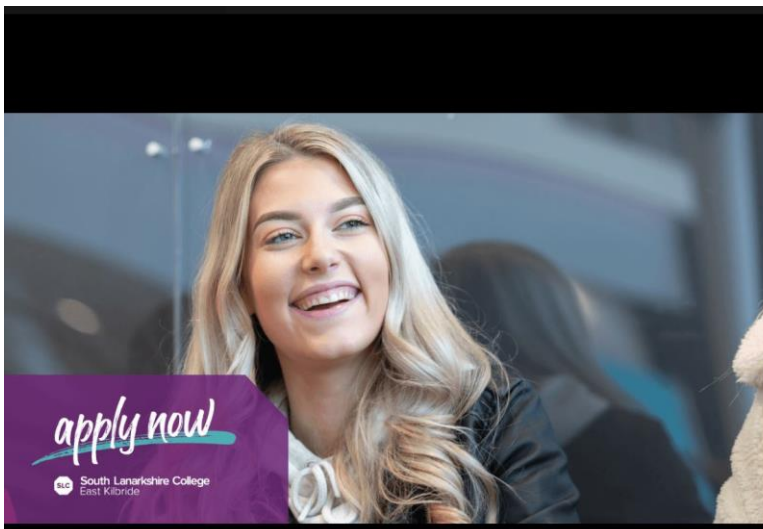
Our counsellors are here to help, if you're experiencing any distress which is impacting on your life, including: your studies, relationships, work, or general day-to-day life. The service provides a safe space for you to receive private, one-to-one support, allowing you to chat through your feelings and explore any concerns you may have. Remember, WE ARE Always here to support you 💜

To access free, confidential counselling support 📧 📞 [student.support@slc.ac.uk](mailto:student.support@slc.ac.uk)

7 likes  
APRIL 21

Add a comment... Post

# Course Information



**apply now**

South Lanarkshire College  
East Kilbride

**South Lanarkshire College**  
Published by Hopper HQ [?]  
· 13 May · Edited ·

● APPLY NOW ● START FROM AUGUST 2020

From Maths to Make-up Artistry,  
From Photography to Plumbing,  
From Hospitality to Horticulture  
& much, much more

● We've got the course for you

● APPLY today  
[slc.ac.uk/august2020/](https://slc.ac.uk/august2020/)

#wearesouthlanarkshirecollege  
#choosecollege  
#Virtuallyopen

Edit

You and 21 others 1 comment 7 shares

Comment as South Lanar...

## Community Support

<https://www.south-lanarkshire-college.ac.uk/life-at-slc/student-services/community-support-coronavirus/>

**South Lanarkshire College** @SLCek · May 14  
We are here to support you with information on local community support ❤️

[bit.ly/2LmgVJ](https://bit.ly/2LmgVJ)

Please get in touch if you need help or support [student.support@slc.ac.uk](mailto:student.support@slc.ac.uk)

Support our community. Clap for our Carers at 8pm tonight 🙌

#SLCsupport #WeAreSouthLanarkshireCollege



## Gender Based Violence Support

<https://www.south-lanarkshire-college.ac.uk/life-at-slc/student-services/gbv-support/>

**South Lanarkshire College** @SLCek · Apr 28  
WE ARE committed to stopping all forms of gender-based violence.

Follow the link below for support services available:  
[slc.ac.uk/GBV-support/](https://slc.ac.uk/GBV-support/)

✉️ [student.support@slc.ac.uk](mailto:student.support@slc.ac.uk)

#SLCsupport



## Staff Newsletter



**WE ARE**  
*top performing*

**Our results are the best in Scotland!**

College performance indicators, published by the Scottish Funding Council on 28th January 2020, show that the college has the best overall results in the sector, with attainment rates at a record, five-year high and well above national averages in all key categories. The College has also provided opportunities for learning for more students than ever before, exceeding our government target for apprentices.

Congratulations to our students on your achievements and to our team of staff who contribute to such positive student success.



**ROCK YOUR SOCKS**  
Friday 20th March  
#LotsOfSocks

### Around The College

#### Male Grooming

Our Level 2 and 3 Barbering students recently took part in a specialised course delivered by Training 20 Labs on male grooming.

Our students learned how to wax ears, eyebrows and noses and also learnt basic threading techniques.

The event was a great success with the students not only encouraged them to offer their clients more services to increase profits in a realistic salon environment.



#### Dior Backstage

Former student, Cheryl McCabe, from Orkney Dior's Makeup Backstage store in Aberdeen, Glasgow visited the College to provide workshops and background on the Dior brand to our male and beauty students.

Cheryl, along with her team provided a great insight for the industry and the brand itself. She explained the Dior look for employees, explained the various job opportunities and the extent of training on offer.

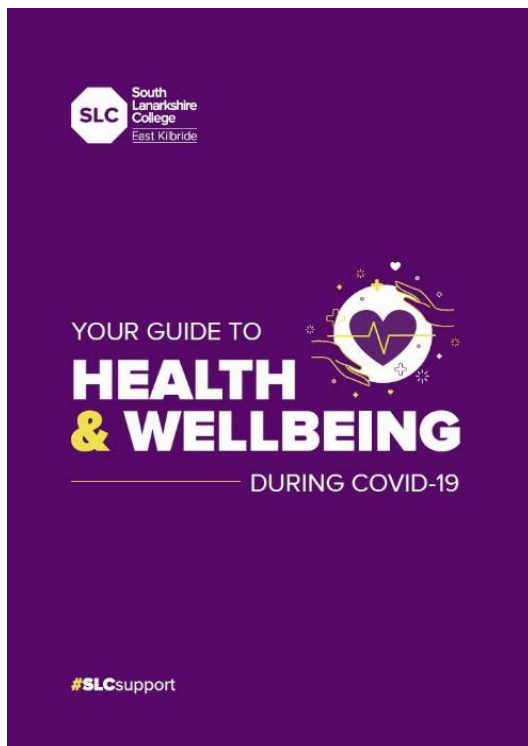
The workshops were thoroughly enjoyable and informative but more than anything inspiring and motivational to our students.

The students gained knowledge and tips of the trade from this and some are attending a masterclass in March at the Dior Backstage counter in Debenhams.





## Staff Health & Wellbeing Guide



**SLC** South Lanarkshire College  
East Kilbride

YOUR GUIDE TO  
**HEALTH & WELLBEING**  
DURING COVID-19

#SLCsupport

# Working from Home Guidance



## HEALTH & WELLBEING

South Lanarkshire College  
East Kilbride

Dear Colleagues,

I would like to take the opportunity to thank you for the significant effort and energy invested by you all, individually and in teams, to support the ongoing operation of our College. I have very much appreciated your support and commitment and the sheer hard work of all staff in making it possible for the College to continue to operate remotely. It is indeed a testament to your professionalism, and your commitment to SLC, that you have fully engaged with our fast-paced move to remote working, fully supporting on-line learning and teaching in such creative and fun ways, to encourage the motivation and engagement of our students.

I do not underestimate the challenges presented by remote working. I recognise that, when staff are working from home, there is a risk of feeling hostage to electronic communications: emails, texts, chats and other forms of media; as well as an expectation of immediate response. **There is no such expectation.** As a College, we remain absolutely committed to supporting the health and wellbeing of all our staff. We want to offer some guidance on what may be a reasonable approach to adopt whilst working at home over the coming days and weeks.

To avoid over-exposure to the world of work in your home environment, please consider the following during your working day:

- Take regular breaks – consider having a 15 minute break every hour (essential if you are PC-based as per DSE guidance);
- Adopt a work pattern that suitably balances your engagement with students, your workload and (virtual) meetings with colleagues, **alongside** family responsibilities you may have arising from the current disruption;
- Ensure you take a suitable break for mealtimes;
- Follow national guidance regarding exercise away from your computer;
- Discuss with your manager any issues you are having – a burden shared is a burden halved; and
- Whilst there has been a significant ask of you over recent days, please be assured that there is no expectation by the college that you work more than your normal hours. Indeed, we fully recognise the difficulty of reconciling home, family and work in the one environment, which would suggest that you may need to work less.

What we outline below is simply some suggested guidance for your daily activity. We recognise that this will not be applicable to all colleagues, for whom caring responsibilities or home-schooling requirements, will require a more flexible approach which suits them:

**Monday to Thursday working hrs:** 9.30am - 4.00pm

**Friday:** 9.30am to 3.00pm

**Working, break and wellbeing day length:** 6.5 hours (Mond-Thurs), 5.5 hours (Fri)

**Break:** 15 minutes every 1 hour (especially PC-based work as per DSE guidance)

**Lunch break:** 1 hour