

nspire

Human Resources Committee May 2018 Appendix I





Lanarkshire

**Carers Centre** 

carerstrust

sense

Scotland

SCOTTISH

This is our time to celebrate difference, promote a wider understanding of equality and share lots of ways of helping students and staff look after their wellbeing.

CARD

A diverse range of community groups, charities and partners supported the event by providing information and raising awareness workshops.

Students and staff are also getting involved by offering selected complimentary treatments in the salons throughout the event and a relaxation workshop on Wednesday.

**Pamper Yourself** – with a complimentary treatment provided by the Beauty Therapy and Hairdressing Students

Take time out to relax...it's good for you! reducing stress and relaxation workshop.

<u>Canteen</u> – Enjoy a complimentary porridge for breakfast and soup and fruit for lunch.

**Equality & Choices Quiz** – Student prizes are Amazon Vouchers and Anytime Fitness Passes. Staff prizes are vouchers for the Fantastic Training Restaurant.